

MEMORIES MADE HERE

THE TOASTED WALNUT



LUNCH TAKE-OUT MENU

SOUPS

MANGO CURRY BUTTERNUT SQUASH \$6.95

SOUP OF THE DAY \$6.95

Homemade daily with the freshest ingredients, ask your server for details.
Soup is accompanied with a homemade scone from our bakery.

COMBOS

Soup, Toasted Walnut Signature salad, scone. \$12.95

Cup of Mango Curry Butternut Squash soup and 1/2 a traditional sandwich. \$9.50

Toasted Walnut Triple - Cup of Mango Curry Butternut Squash soup,
1/2 a traditional sandwich and Toasted Walnut Signature salad. \$14.25

CRUSTLESS QUICHE

Our homemade spinach and cheddar quiche is accompanied with your
choice of Toasted Walnut Signature salad or soup and a scone. \$13.95

Crustless Quiche Trio - Slice of quiche, Toasted Walnut Signature salad
and a cup of Mango Curry Butternut Squash soup. \$14.75

AFTERNOON TEA \$35.00

(Big enough to share) An assortment of tea sandwiches, two homemade scones,
homemade jam and whipped cream, delightful desserts. Includes coffee or tea.

SOMETHING MORE

SEE BAKERY
MENU FOR
ADDITIONAL
OPTIONS.



SALADS

All entrée salads are accompanied with a homemade scone from our bakery.

TOASTED WALNUT SIGNATURE SALAD \$10.75

A bed of spinach topped with fresh seasonal fruit, dried cranberries, feta cheese
and candied walnuts, dressed with homemade honey citrus vinaigrette.
Add grilled chicken breast \$3.95

BEET SALAD \$10.75

A bed of spring mix, sliced beets, goat cheese and candied walnuts with a
honey citrus vinaigrette.
Add grilled chicken breast \$3.95

CAESAR SALAD \$10.75

A bed of romaine lettuce mixed with real bacon bits, croutons, parmesan cheese
and our homemade creamy Caesar salad dressing.
Add grilled chicken breast \$3.95

GARDEN SALAD \$9.50

A bed of spring mix with carrots, tomatoes and cucumbers, dressed in our
homemade herb vinaigrette.
Add grilled chicken breast \$3.95

MEDITERRANEAN SALAD \$10.75

A bed of spring mix topped with roasted red peppers, zucchini, red onion,
feta cheese and dressed with our herb vinaigrette.
Add grilled chicken breast \$3.95



THE TOASTED WALNUT

LUNCH TAKE-OUT MENU

PANINI SANDWICHES \$15.75

INCLUDES SOUP OR GARDEN SALAD

Served on grilled Naan bread.

Gluten free bread available for any sandwich add \$2.00

CLUB HOUSE STACK

Grilled chicken breast, bacon, cheddar cheese and tomatoes with a side of chipotle sauce.

ROASTED PEPPER

A thin layer of dill cream cheese, roasted peppers, zucchini and red onion, feta cheese and a drizzle of herb vinaigrette.

CORDON BLEU AND APPLE

Grilled chicken breast, black forest ham, Granny Smith apples, cheddar cheese and honey Dijon mustard.

CRANBERRY AND CHICKEN

Grilled chicken breast, cranberry walnut chutney, gouda cheese and Granny Smith apples.

GOURMET GRILLED CHEESE

Gouda cheese, Granny Smith apples and bacon.

TRADITIONAL SANDWICHES

All sandwiches are served on whole-wheat bread, Wraps available.

Gluten free bread available, add \$2.00

BLT \$7.25

Bacon, lettuce, tomato and mayonnaise, toasted. Add cheddar or gouda cheese \$1.00

HAM AND CHEESE \$7.25

Black forest ham, cheddar cheese, lettuce, cucumber and honey Dijon mustard.

CHICKEN SALAD \$7.95

Diced chicken with celery, Granny Smith apples, cheddar cheese and lettuce.

EGG SALAD \$7.25

Chopped egg salad with celery, lettuce and cucumber.

LOADED TUNA \$7.95

Flaked tuna with celery, lettuce, cucumber, tomato, cheddar cheese, alfalfa sprouts and honey Dijon mustard.

CUCUMBER AND CREAM CHEESE \$7.25

Lettuce, cucumber, cream cheese and alfalfa sprouts. Choose between dill or plain cream cheese.

GRILLED CHEESE \$4.95

Cheddar cheese sandwiched in between two slices of thick white bread. Add bacon \$2.00

WRAPS

CHICKEN BREAST WRAP \$8.50

Grilled chicken breast, lettuce, cheese, tomato, red pepper and mayonnaise.

CHICKEN CAESAR WRAP \$8.50

Chicken breast, real bacon bits, romaine, parmesan cheese and creamy Caesar dressing.

VEGGIE LOVERS WRAP \$8.50

Spinach, tomato, red peppers, cucumbers, feta cheese, hummus, red pepper jelly and alfalfa sprouts.

CHIPOTLE CHICKEN WRAP \$8.50

Grilled chicken breast, bacon, cheese, romaine lettuce and chipotle dressing.

MAPLE CHICKEN WRAP \$8.50

Chicken breast, bacon, goat cheese, caramelized onions in maple syrup and spinach.

CRANBERRY CHICKEN SALAD WRAP \$8.50

Spring mix, cranberry chutney, Granny Smith apples and chicken salad.